

Realidades 3 (Chapter 3)

A R A T N A U G A S T S A L U D A B L E
 E V I T A R O L N M S O T N E M I L A C
 E R O L C Y N R C A E A H O Z T G H U G
 T A C R O P E X R N U L N S M F M Y N O
 R L I G A E S C A E A R B I F A O W Q N
 E L T A R D T A P R I B O F M G R G U E
 U O Ó N U A I L R A O H M U A A N K E L
 F R I I T D R C O T J J P E G I T B A L
 N R B R A G A I P E E N E R G Í A I I S
 I A I I T B R O I I S E R Z O R D B V É
 V S T P S N S A A D N R S A A T É N H R
 E E N S E E B Z D L O B V J Z D E Q K T
 L D A A P C Q R O D C E M R F I B Í I S
 A R E S P I R A R O R I U L C N I V N E
 L C O N T E N E R A H F Q L G R I P E A
 E X I G I R M V V F R A N O I X E L F B
 R O O R T J H A C E R B I C I C L E T A
 G M R D O E C X D N U T R I T I V O P Z
 I D V G S Í B R A J E S N O C A Q X E D
 A H K V O M S B J E R B M A L A C S T P

YOGA
 EMPTY
 THE WAY
 THE IRON
 THE FOOD
 THE COUGH
 TO DEMAND
 NUTRITIOUS
 THE HEIGHT
 TO DEVELOP
 THE ENERGY
 APPROPRIATE
 THE CALCIUM
 THE ANTIBIOTIC
 DESPITE/EVEN THOUGH

FULL
 STRONG
 THE FLU
 TO AVOID
 TO ADVISE
 THE FIBER
 THE SYRUP
 THE WEIGHT
 THE STRESS
 TO CONTAIN
 TO STRETCH
 THE PROTEIN
 THE ALLERGY
 TO TAKE/TO DRINK
 TO ENDURE/TO TOLERATE

WEAK
 THE AGE
 HEALTHY
 THE DIET
 THE CRAMP
 THE LEVEL
 THE FEVER
 TO BREATHE
 TO INCLUDE
 THE ADVICE
 THE VITAMIN
 THE ASPIRIN
 THE STRENGTH
 TO FLEX/TO STRETCH
 TO USE A STATIONARY BIKE

Solution

A	R	A	T	N	A	U	G	A	S	T	S	A	L	U	D	A	B	L	E
E	V	I	T	A	R	O	L	N	M	S	O	T	N	E	M	I	L	A	C
E	R	O	L	C	Y	N	R	C	A	E	A	H	O	Z	T	G	H	U	G
T	A	C	R	O	P	E	X	R	N	U	L	N	S	M	F	M	Y	N	O
R	L	I	G	A	E	S	C	A	E	A	R	B	I	F	A	O	W	Q	N
E	L	T	A	R	D	T	A	P	R	I	B	O	F	M	G	R	G	U	E
U	O	O	N	U	A	I	L	R	A	O	H	M	U	A	A	N	K	E	L
F	R	I	I	T	D	R	C	O	T	J	J	P	E	G	I	T	B	A	L
N	R	B	R	A	G	A	I	P	E	E	N	E	R	G	I	A	I	S	
I	A	I	I	T	B	R	O	I	I	S	E	R	Z	O	R	D	B	V	É
V	S	T	P	S	N	S	A	A	D	N	R	S	A	A	T	É	N	H	R
E	E	N	S	E	E	B	Z	D	L	O	B	V	J	Z	D	E	Q	K	T
L	D	A	A	P	C	Q	R	O	D	C	E	M	R	F	I	B	I	S	
A	R	E	S	P	I	R	A	R	O	R	I	U	L	C	N	I	V	N	E
L	C	O	N	T	E	N	E	R	A	H	F	Q	L	G	R	I	P	E	A
E	X	I	G	I	R	M	V	V	F	R	A	N	O	I	X	E	L	F	B
R	O	O	R	T	J	H	A	C	E	R	B	I	C	I	C	L	E	T	A
G	M	R	D	O	E	C	X	D	N	U	T	R	I	T	I	V	O	P	Z
I	D	V	G	S	I	B	R	A	J	E	S	N	O	C	A	Q	X	E	D
A	H	K	V	O	M	S	B	J	E	R	B	M	A	L	A	C	S	T	P