

Allez-Viens 2 (Chap. 7-2): En pleine forme

V U S E P M O P S E D E R I A F R F W T
S O Z W K Y C N ' W W G B T G K S C U J
J E C R A Q U E E C Q F U X N L T N L O
M D F S W D R F N V K A R V W U ' S V E
T ' A I T U T S T N S D G B D A W A U U
Z A I E R B N R R R A O Z O S O V Q E S
J C R N O V O J A E D Y I Q W O S I A F
E C E N F T M I Î M B S U A U E Z P N H
N O D O F C S V N L I ' D S R E X O H L
' R E D E O A W E R A X D P L U N G E N
E D L N N T P Q R S O E S L E J S É Z O
N T ' A U U T B À O V E A P E M D V J I
P P E B E D S E P E Y Y E P Y I T P F T
E L X A R E E D Z U P N R W E W B Q H S
U C E ' O V ' N T M E É A N C I E L A E
X L R J C R N R K J F B N I X Z L M G U
P M C W N A E O E È X O Y N U Z O K K Q
L Y I T E I C O R J B D T E Q X R N B S
U O C N U S H E X T E G A R U O C D A A
S G E L E D N E I B S I A R E F U T Y P

OK
COME ON!
TO EXERCISE
ONE MORE TRY!
TO DO PUSH-UPS
YOU SHOULD... (INFORMAL)
YOU'VE GOT TO,,, (INFORMAL)
ALL YOU HAVE TO DO IS...
(INFORMAL)

I CAN'T
I GIVE UP
TO TRAIN FOR
HANG IN THERE!
NO, I PREFER...
YOU'VE GOT TO... (FORMAL)
YOU'RE ALMOST THERE!
(INFORMAL)

NO WAY!
GOOD IDEA!
YOU'RE RIGHT
I'M LOSING IT!
IT'S NOT MY THING
I JUST CAN'T DO ANY MORE!
YOU WOULD DO WELL TO...
(INFORMAL)

Solution

V U S E P M O P S E D E R I A F R F W T
S O Z W K Y C N ' W W G B T G K S C U J
J E C R A Q U E E C Q F U X N L T N L O
M D F S W D R F N V K A R V W U ' S V E
T ' A I T U T S T N S D G B D A W A U U
Z A I E R B N R R R A O Z O S O V Q E S
J C R N O V O J A E D Y I Q W O S I A F
E C E N F T M I I M B S U A U E Z P N H
N O D O F C S V N L I ' D S R E X O H L
' R E D E O A W E R A X D P L U N G E N
E D L N N T P Q R S O E S L E J S E Z O
N T ' A U U T B A O V E A P E M D V J I
P P E B E D S E P E Y Y E P Y I T P F T
E L X A R E E D Z U P N R W E W B Q H S
U C E ' O V ' N T M E E A N C I E L A E
X L R J C R N R K J F B N I X Z L M G U
P M C W N A E O E E X O Y N U Z O K K Q
L Y I T E I C O R J B D T E Q X R N B S
U O C N U S H E X T E G A R U O C D A A
S G E L E D N E I B S I A R E F U T Y P